SWEDISH FAMILY MEDICINE RESIDENCY CHERRY HILL

Seattle Indian Health Board

The Seattle Indian Health Board (SIHB) provides a unique opportunity to train in a federally qualified community health center with a team of dedicated family physicians, nursing professionals, traditional healers and community outreach specialists. Our staff is committed to serving the health needs of American Indians (AI), Alaska Natives (AN) and the underserved of our community.

Since 1994, SIHB has been a satellite of the nationally-acclaimed Swedish Family Medicine Residency Program, Cherry Hill and the University of Washington's Family Medicine Residency Network. The Seattle Indian Health Board is one of two clinics in the country which offers residency training focused on the care of urban American Indians and Alaska Natives.

Training at the SIHB is an ideal opportunity for applicants considering a career in providing health care to American Indians or Alaska Natives or other underserved populations in either rural or urban settings. Over half of our graduates go on to work in American Indian health and 75% continue working in underserved communities with several working in academic centers.



Clinic overview

The SIHB originated as a volunteer community clinic during the civil rights and American Indian Movement in the 1970s in which many American Indians/Alaska Natives who had been relocated to Seattle from reservations found themselves isolated and without access to care.

Currently the SIHB medical clinic is located just blocks from downtown Seattle in the International District and is less than one mile from Swedish Medical Center. Two thirds of our patients are AI or AN and the other third mirror the diverse population of Seattle's International District.

SIHB offers an onsite pharmacy, laboratory and a dental clinic; WIC; nutrition; coordinated care teams for prenatal and diabetes; behavioral health services; outpatient chemical dependency services; traditional medicine services; and the Thunderbird Treatment Center, a 65-bed inpatient alcohol and drug rehabilitation facility.

SIHB also offers a wide range of community outreach programs including those for elder care, youth, veterans and victims of domestic violence, as well as traditional medicine healing and a community garden. SIHB also provides medical care to clients at the Chief Seattle Club, a day shelter for homeless Al/ANs.



Family medicine training

Training at the SIHB prepares family physicians for careers in community health centers, especially in Indian Health Service (IHS), tribal or urban Indian health facilities. Training is provided in an environment designed to address the unique cultural and health problems faced by American Indians and Alaska Natives and is ideal for those considering careers in nonprofit health care with a special emphasis on Indian health.

Residents are encouraged to participate in a wide range of community outreach programs and with our traditional healing practitioners. SIHB also has an active research component through the Urban Indian Health Institute which offers unique opportunities to get involved with research and policy.

The residency part of the University of Washington's Regional Family Medicine Network has been repeatedly rated number one for primary care by U.S. News and World Report. Attending physicians are board-certified and hold appointments as clinical faculty at the UW School of Medicine.

Our faculty includes a pediatrician/family doctor who practices obstetrics and seven family physicians (one certified in addiction medicine and one focused on Indigenous plant medicine) with six providing full-scope practice including obstetrical care. Seven faculty physicians provide buprenorphine for patients with opiate dependence and we provide group visits and walk-in clinics for our most high-risk population. All residents obtain their buprenorphine waiver in their second year and SIHB provides excellent training in addiction medicine.

The Seattle Indian Health Board accepts two residents each year, using a unique match number. Our residents share their training and patients with other family medicine residents from the Swedish Family Medicine Residency Program, Cherry Hill and are required to spend at least one elective month working at another IHS (federal, tribal or urban center) of their choosing in their first or second year of training.

For more information visit our website at www.sihb.org or the Swedish Family Medicine Residency, Cherry Hill website at www.swedishcherryhillfmr.org/

You may also contact Paul Gianutsos, M.D., MPH, program director, at paul.gianutsos@swedish.org.

The Seattle Indian Health Board facilities are accessible to persons with disabilities. Accommodations for people with disabilities can be arranged with advance notice by calling 206-324-9360.

