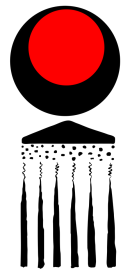


Seattle Indian Health Board

Thunderbird Treatment Center



Seattle Indian Health Board has long committed to the health of Native people, and in 1997, we expanded on that promise by opening the Thunderbird Treatment Center—an inpatient chemical dependency treatment center.

Thunderbird Treatment Center provides culturally appropriate treatment for adults through a 45-day intensive program model (White Bison, *Indigenous Psychology Model) and offers a six-month long-term care program for Native clients.

**Model developed by Dr. Shawna Gallagher*

FACILITIES

Administrative building: Offices, kitchen and dining area, and multi-purpose room for cultural and group activities.

4 dorms (three male and one female): Two-person rooms, medical supply rooms, laundry rooms, and private showers and bathrooms.

Whale House: Medical services and pharmaceutical services for clients. On-site registered nurse.

Dental Van: Weekly visits from Seattle Indian Health Board's dental team.

64 BEDS

EACH RESIDENT LIVES
WITH A ROOMMATE

30 STAFF

DOCTORS, CASE
MANAGERS, DENTISTS,
CHEMICAL DEPENDENCY
PROFESSIONALS, RESIDENT
ASSISTANTS, COOKS,
JANITORS, AND
TRADITIONAL INDIAN
MEDICINE EXPERTS

4 DORMS

EACH WITH ACCESS TO
MEDICAL ROOM, PRIVATE
SHOWERS AND
BATHROOM, AND
LAUNDRY ROOM

45 DAYS

INTENSIVE PROGRAM
MODEL (ASAM 3.5 LEVEL)

60 PERCENT

GRADUATION RATE FROM
Q2 OF 2018

6 MONTHS

LONG-TERM CARE
FOR NATIVE CLIENTS

24 HOUR ACCESS

COMPLETE ACCESS TO
MEDICAL AND
BEHAVIORAL HEALTH
PROFESSIONALS

ON-SITE CASE MANAGEMENT

Two weeks into a client's treatment, they begin working with a case manager and are assessed by an employee of the Division of Behavioral Health and Recovery.

The case manager then looks for rapid re-housing opportunities for clients and provides health and social services resources for care after treatment.

TRADITIONAL INDIAN MEDICINE

Traditional Medicine is at the center of all of Seattle Indian Health Board's work. Guided by our traditional beliefs and practices, Traditional Indian Medicine is a part of everyday activities.

Sweat Lodge: Weekly sweats where clients learn about the practice from traditional healers.

Sunrise Ceremony: Morning prayers with medicine and songs.

Talking Circle: Clients learn to listen and respect the view of others and open communication to understand their emotions and thoughts.

Drum Class: After 30 years, a drum class was re-introduced to clients where they learn songs and how to respect the drum.

Cooking Class: Access to traditional foods from a community garden and incorporating into meals.